



CARE ASHORE THE SPRINGBOK - RADCLIFFE UNIT

The Springbok - Radcliffe Unit provides holidays free of charge for seafarers whose Doctor feel that they need a break from their everyday environment.

These holidays are usually for one (1) week and are paid for by a grant received by Care Ashore from The Seamen's Hospital Society.

INSTRUCTIONS

Seafarer must complete section A, C & D.

Section B to be completed by a Doctor and stamped.

The normal period of stay will be one (1) week.

To save on your travel cost, weeks are from Wednesday to Wednesday.

Do not make travel arrangements until we have confirmed your booking in writing.

The normal pick-up is at 3.00 pm on Wednesday from Guildford Railway Station or Coach Station. When your booking is confirmed please arrange your journey to arrive at this time.

When you have arranged your journey please let us know.

All visitors are required to bring their own slippers, pyjamas, washing and shaving kit and towels.

Accommodation may be provided for the partner of a seafarer by prior arrangement.

While there will be strictly no smoking areas within the main building and guest rooms. Smoking will be allowed outside in special designated areas.

Pets not allowed.



CARE ASHORE
THE SPRINGBOK - RADCLIFFE UNIT

Name in full

Home Address

.....

Post Code Telephone.....

Date of Birth Married / Single..... Religion.....

Discharge Book No.....Union No.....

Rating..... Last Ship & Company.....

.....

How long did you serve in the Merchant Navy.....

Next of Kin Relationship.....

Address.....

.....

Post Code Telephone No.....

Do you have special Dietary Needs? Yes / No (Please tick appropriate box)

Please Specify:.....

Do you have trouble negotiating stairs or getting in or out of the bath etc.?

Yes / No

Please Specify:.....

.....

Have you ever been convicted of a criminal conviction? Yes / No

Please Specify:.....

When you leave Springbok where do you intend to go?

..... From where

did you get this form? (Please tick appropriate box)

Union Branch Springbok Hospital Society Helpline Other

B



**CARE ASHORE
THE SPRINGBOK - RADCLIFFE UNIT
TO BE COMPLETED BY YOUR DOCTOR**

Doctor

Please note that the Springbok - Radcliffe Unit does not have nursing facilities or medical cover other than the local GP. Please ensure that the applicant is self-caring and has sufficient medication for the duration of their stay. The certificate must not be signed in respect of any person known to be suffering from an infectious or contagious disease. Would you also state if the applicant has any mental instability or suffers from alcohol / drug abuse.

I certify that who has
been suffering from

Would in my opinion benefit from a holiday at your unit.

His / Her present condition of health is

.....
.....

List of present medication

.....
.....

Signed Doctor

Date

Practice Stamp

C. PRESENT WEEKLY INCOME		
	Self	Partner
Earnings	£	£
State Retirement Pension	£	£
Family Allowance	£	£
Income Support	£	£
Housing Benefit	£	£
War Pension	£	£
Attendance Allowance	£	£
Invalidity/Disablement Benefit	£	£
MNOPF/MNRPF	£	£
Company Pension	£	£
Seafaring Charity (Please state which charity)	£	£
Other Charitable Sources (give details)	£	£
Any other income not included above (i.e. Investments, rentals or other sources)	£	£
Are you in receipt of tax credits?	Yes/No	
D. PRESENT WEEKLY EXPENSES		
	Self	Partner
Rent / Mortgage Repayments	£	£
Council Tax (after any rebate)	£	£
Total Utility bills (gas, water, electricity and phone)	£	£
Water Rates	£	£
Insurance(s)	£	£
Other Regular Expenses (food/travel)	£	£
Total	£	£



CARE ASHORE
THE SPRINGBOK - RADCLIFFE UNIT

FOR OFFICE USE ONLY

Name.....Ref. No.

Partner Yes / No

Arrival Date Departure Date

Room No.Checked by

S.M.S Grant Yes / No

S.H.S. Grant Yes / No

D / R Yes / No

£

Comments

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**WHEN BOTH SECTIONS A & B ARE COMPLETED,
PLEASE RETURN FORM TO: -**

**Care Ashore
Springbok Estate
Alfold
Nr Cranleigh
Surrey
GU6 8EX**

Tel. (01403) 752555